

Bereavement in the workplace

Case study films

Health and social care staff may sadly encounter the death of a colleague during their career.

Knowing what to say and do in these situations to provide support to ourselves and others can be challenging and naturally people may feel apprehensive.

Seven short case study films have been developed which highlight stories based on real-life experiences of staff working across health and social care in Scotland. The stories are anonymised and are voiced by actors.

The films can be used as a tool to support reflection and discussion on how individuals, managers and teams might cope and respond to the death of a colleague. Experiences of clinical and non-clinical staff members have been captured.

Some questions to help you pause, reflect and consider the films, either on your own or as a group / team:

- What did you notice about how you **felt** during the film?
- Where or from whom could you seek **help** in these situations or **support** afterwards?

 <https://www.sad.scot.nhs.uk/bereavement/dealing-with-bereavement-in-the-workplace/>

