

Chair: Dr Ken Donaldson, Medical Director / Associate Postgraduate Dean for Grief and Bereavement, NHS Dumfries & Galloway / NHS Education for Scotland

09:15 **Welcome - Conference Opening Reflections**

09:35 **The truth about suicide, the impact on staff and what helps** **Dr Rachel Gibbons**
Chair Working Group on the Effect of Suicide and Homicide on Clinicians
Vice-Chair of the Psychotherapy Faculty, Royal College of Psychiatrists
Consultant Psychiatrist and Consultant Medical Psychotherapist

10:20 **What Remains: using animation to engage audiences with after-death practices** **Professor Erica Borgstrom**
Professor of Medical Anthropology, The Open University
Co-editor in Chief for Mortality
Co-editor of the book series Death and Culture
Council Member for the Association for the Study of Death and Society

11:05 **Break**

11:35 **Morning Parallel Sessions**

1. Help Researchers from the University of Glasgow Develop a Bereavement Toolkit for Care Home Staff **Professor Bridget Johnston**
Clinical Professor of Nursing and Palliative Care
University of Glasgow / NHS Greater Glasgow & Clyde
Dr Maria Drummond
Post Doctoral Research Associate
University of Glasgow

2. "Your Child has Died" – Using simulation training to improve care for bereaved families **Gill Burton**
Acting Executive Director
Scottish Cot Death Trust

3. Bereavement Following a Sudden Cardiac Death **Helena Davison**
Clinical Nurse Specialist and Co-ordinator for Sudden Cardiac Death and OOHCA
Inherited Cardiac Conditions West of Scotland
NHS Greater Glasgow & Clyde
Lisa Hay
Registered Genetic Counsellor
NHS Greater Glasgow & Clyde

4. My Grief My Way: the development of an online bereavement support package integrating Acceptance and Commitment Training and grief theories **David Gillanders**
Senior Lecturer in Clinical Psychology
Anne Finucane
Senior Marie Curie Research Fellow
University of Edinburgh

5. Bereavement in the Workplace: responding to the death of a colleague **Lynne Innes**
Lead for Spiritual Staff Care & Wellbeing
NHS Fife

12:25 **Lunch Break / Poster Viewing**

Chair: Dr Graham Whyte, Consultant in Palliative Medicine / Associate Postgraduate Dean for Grief and Bereavement, Marie Curie Hospice, Glasgow / NHS Education for Scotland

13:25 **Afternoon Plenary**

Poster Winners Announced

Death in Paradise - a particularly tragic event

Dr C George M Fernie
Senior Medical Reviewer and Caldicott Guardian, Healthcare Improvement Scotland
Appraisal Lead, National Services Scotland and Partner Organisation
Vice Chair, UK Caldicott Guardian Council
Visiting Professor, Centre for Contemporary Coronial Law, The University of Bolton

14:15 **The Language of Grief: How metaphors can help us to understand and support the grieving process**

Dr Sarah Turner
Assistant Professor (Research) of Cognitive Linguistics
Centre for Arts, Memory and Communities, Coventry University

15:00 **Break**

15:20 **Afternoon Parallel Sessions**

6. Sing for Happiness: Understanding how singing in groups can improve mood and overall wellbeing

Samir Savant
Chief Executive
St George's Bristol
Kat Branch
Head of Centre for Music
UWE Bristol

7. Learning Kindness through Literature: prospects and limitations in the UK and Australia

Dr Tamarin Norwood
Leverhulme Early Career Research Fellow
Loughborough University
Dr Emily Crosse
Senior Clinical Teaching Fellow, University of Warwick
Sara Ormes
Undergraduate Student, Warwick Medical School
Dr Katharine Gillett
Practising Midwife and Lecturer in Midwifery
Newcastle School of Nursing and Midwifery Australia
Professor John Boulton
Emeritus Professor and Conjoint Professor, School of Medicine and Public Health
University of Newcastle

8. Developing a bereavement competency framework. An evidence base for an eLearning resource for bereavement service providers in the community

Amanda Roberts
National Bereavement Development
Manager
Irish Hospice Foundation

9. Supporting Difficult Conversations around Bereavement and Grief and the Importance of Self-Care

Donna Hastings
Head of Patient and Family Support
Senior Clinical Team
Jade Finlayson
Child and Families Lead Practitioner
St Columba's Hospice Care

10. A Right Delayed is a Right Denied: the role of bereavement support in a proposed right to palliative care in Scotland

Ellie Wagstaff
Senior Policy Manager
Marie Curie

**11. Informal & Peer-Led Bereavement Support:
applying findings of a systematic review to
health and social care**

Dr Daniel Knights
GP and Cambridge Clinical Research Fellow
University of Cambridge
Dr James Robb
Academic Clinical Fellow Palliative Medicine
University of Bristol

16:10 **Closing Plenary**

Calm in the Chaos: harnessing the power of self compassion

Dr Wendy Simpson
Health Psychologist
Staff Well-being Facilitator
NHS Fife

16:55 **Closing Remarks**

Chair

17:00 **Conference Close**