

# Dealing with Death & Bereavement at Work

## Perspectives from an Emergency Department Team

**NHS Education for Scotland has launched a film which features clinical and non-clinical staff in an Emergency Department talking about some of their experiences of encountering death and bereavement at work.**

Through the sharing of real-life stories and staff perspectives, the film covers topics such as the impact on staff and their wellbeing, ways to look after yourself and support others, and the role of debrief.

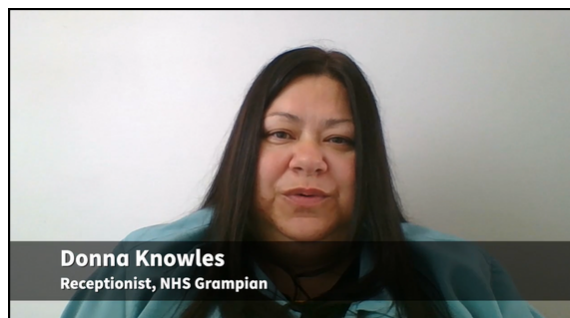
The film is likely to be of particular interest to those working in other Emergency Department teams, however all health and social care staff may find it a valuable tool for reflection, as an individual or within a small group or team, as we consider how to best cope with, and respond to situations involving death and bereavement at work.



<https://vimeo.com/925094613>

### Pause, reflect and consider

- What did you notice about how you felt during the film?
- How has the film helped you to pause and reflect on your own experience of death and bereavement at work?
- Has the film made you think about any of your team members who might less commonly be considered when thinking about wellbeing and support?
- Where or from whom could you seek help or support after encountering death and bereavement at work?



**Donna Knowles**  
Receptionist, NHS Grampian



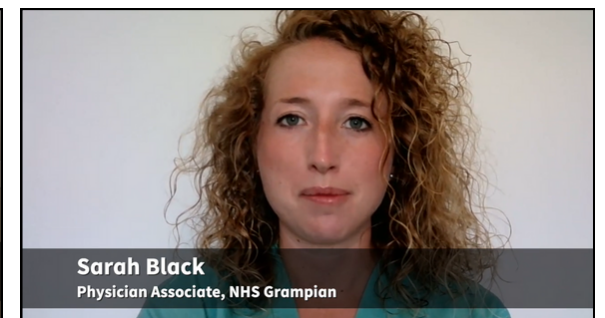
**Suzanne Edwicker**  
Porter, NHS Grampian



**Dr Katy Ritchie**  
Registrar in Emergency Medicine, NHS Grampian



**Julie McWilliam**  
Senior Staff Nurse, NHS Grampian



**Sarah Black**  
Physician Associate, NHS Grampian

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