

Health and Social Care



Working in Remote, Rural and Island Communities







All About People





Some of The Challenges



- Wide ranging types of patient and client needs
- Living and working within same community
- Accessing support , education and training
- Feelings of professional isolation
- Distance from specialist centres or departments
- Travel time for face to face education, training or networking opportunities







Some of the Solutions







Using some of the technologies many of us use at home but now to uptake learning and education to support us in our work

Sharing specialist knowledge through mentoring and building communities of practice aided by multi-site video-conferencing

Blending good use of technology enhanced learning with hands on training delivered as close to local area as possible



NES TURAS Learn







TURAS Learn

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https://learn.nes.nhs.scot/

Death, Dying and Bereavement

- Coping with death and bereavement as a health and social care professional
- Palliative and end of life care
- Death and bereavement
- Mouth care advice
- Remote consulting and recruitment
- Delegation

Coronavirus (COVID-19) learning materials for staff working in health and social care.

- Assessment and care of people with COVID-19
- Protecting yourself and your workplace environment
- Psychosocial mental health and wellbeing support



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Learn Home > RRHEAL		
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covid-19	RRHEAL develops educational tools ar	Scotland, supporting inclusive access and at distance educational engagement. nd links to material specifically relevant to teams supporting health and social care
NHS Highland Virtual Lectur	es for remote, rural and island population	ns of Scotland.
Announcements and News	RRHEAL Turas learn is the sole point of education for rural teams:-	of access for all RRHEAL educational resources, supporting inclusive and at distance
Child health	Ongoing access to all RRHEAL ed	ducational resources
Education networks	 Improving the user experience v Wide range of learning resources 	with enhanced search function es available to multidisciplinary staff
Healthy aging	Accessible education sessions vi	ia video conferencing
Maternal health	 If you wish to join the RRHEAL Stakeho rrheal@nes.scot.nhs.uk 	olderdatabase, please complete the Database form and return to
Mental Health and Wellbein	For a quick search of this site please us	ise the Site Map
RRHEAL 10 year anniversary	For a quick look at recent announcem	ients, please click here
Rural teams	>	
Scottish Centre of Excellence	e > RRHEAL	
Scottish Rural Health Partne	rship	
Technology enhanced working	> 👍 👍 🗖	





RRHEAL TURAS Learn

<u>RRHEAL Turas site specifically for remote, rural , island health and care staff</u> - <u>https://learn.nes.nhs.scot/786/rrheal</u>

General

- Managing frailty in remote and rural settings Resource 1
- Enhancing well-being in Dementia in remote and rural Healthcare Teams

Child Health

- Palliative and end of life care for babies, children and young people in your community ppt
- Children's palliative care : supporting bereaved families within your local community
- Symptom control at home for babies, children and young people at end of life
- Neonatal palliative care : introducing the service to health care teams



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