



Roseann Logan
Assistant Director

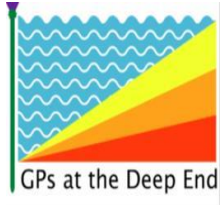
Margaret Ann Prentice
Senior Officer



A Heavy Workload to Carry- anticipatory grief of staff

Staff who experience death and bereavement in
their line of work





Why was the Links Worker Programme developed to be embedded in Primary Care Deep End GP Practices

Health Inequalities



“I didn’t become a GP just to write prescriptions”
Dr Peter Cawston

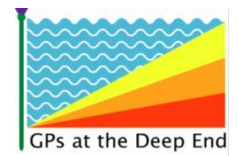
Background of the
Links Worker
Programme



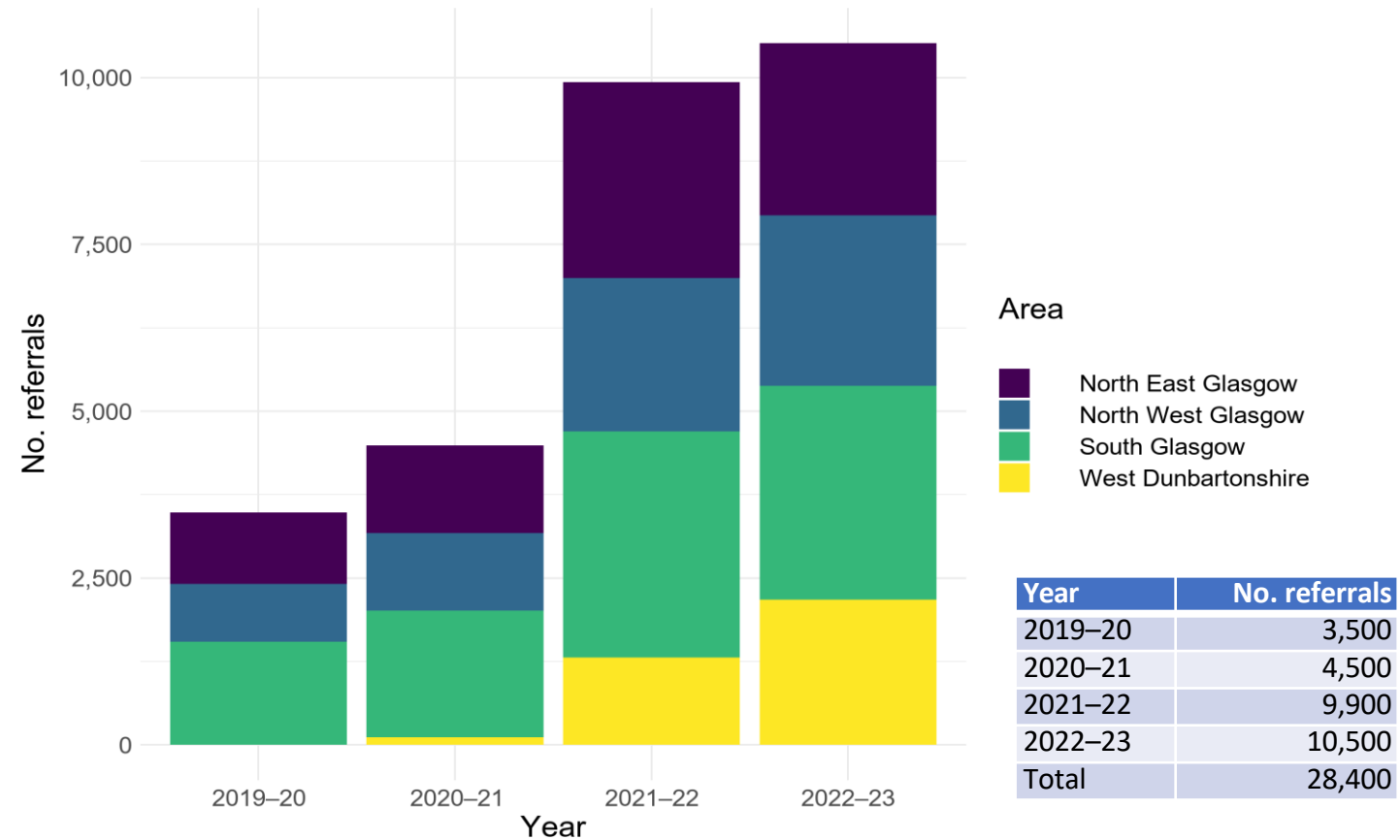
Scotland's National Links Worker Programme

Pilot – 2014 – 7 Practices in Glasgow City
2023 – ALLIANCE - 53 Practices in Glasgow
16 Practice in West Dunbartonshire

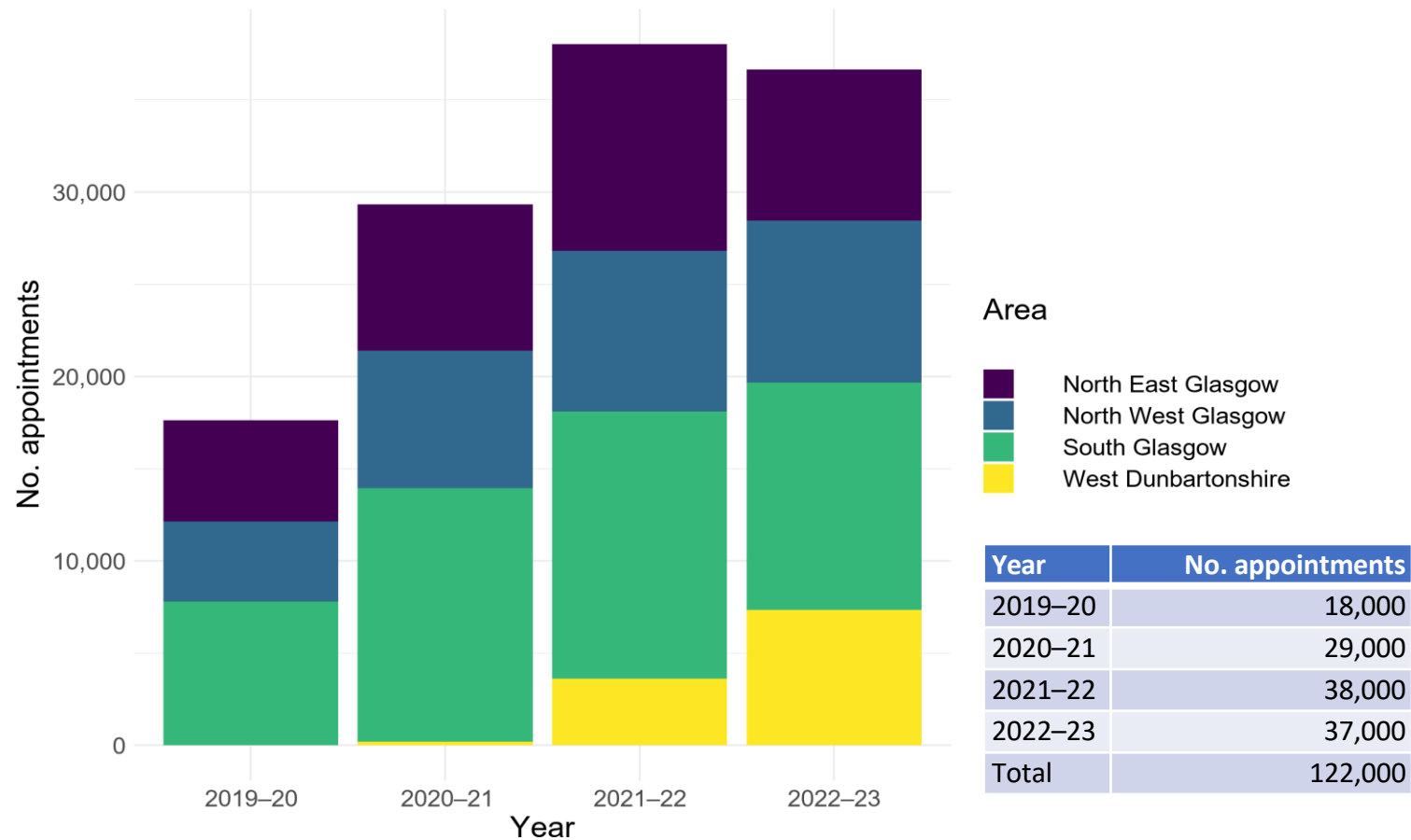
63 ALLIANCE Community Links Practitioners



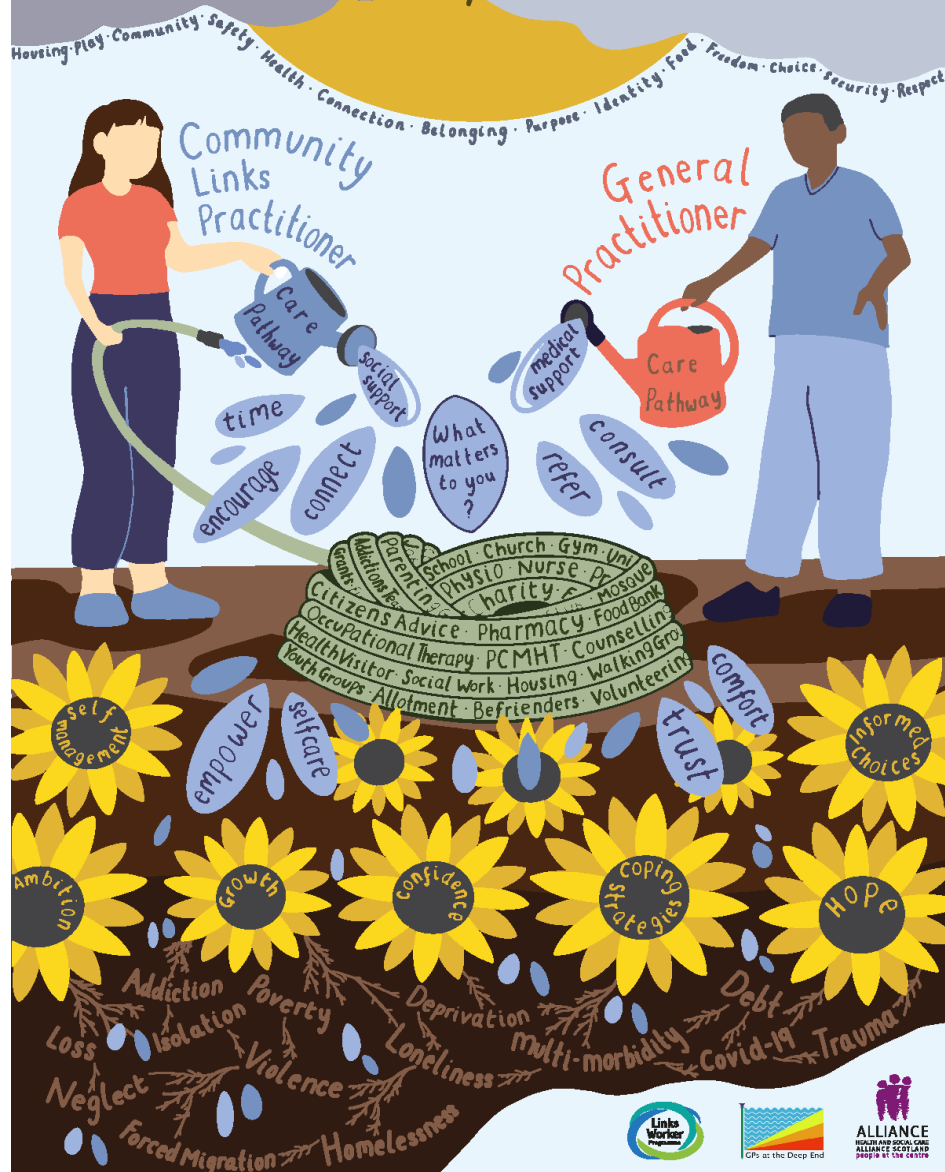
Number of referrals 2019-2023



Number of Appointments 2019-2023



Building intrinsic strengths of generalist roles of GP and Community Links Practitioner



► The role of a CLP



► With a CLP being attached to and embedded in a GP Practice, they aim to build the capacity of their primary care team, enabling them to support people on their practice patients list, to live well in their community through better access to information, knowledge, skills and resources. Deep End practices are identifying with wider social determinants of health, contributing to widening health inequalities.

What is the LINKS Approach



Primary Care Team capacities

- Team wellbeing
 - Shared learning
 - Awareness
 - Intelligence
 - Signposting
 - Problem solving
 - Network building
-

Links Approach Objectives

- **Adapting to diagnosis**
- **Living well day to day**
- **Facing challenges**
- **Navigating services**
- **Dying well**

What does anticipatory grief mean?

Anticipatory grief is feelings of grief or loss that are felt before the loss happens. People facing their own death or the death of a loved one may experience anticipatory grief.

This is equally true for those people/staff who provide care and or medical interventions. Community Groups and local community service at the coal face can experience this, all within their daily working lives.

What do staff who experience anticipatory
grief need?

- Poll
- How many people receive regular support and supervision?

Breakout Rooms

Breakout rooms- questions to consider

- what do you have in place or have access to in your place of work to support your experience of anticipatory grief, bereavement and loss or witnessing raw grief from loved ones of the one who will pass soon?
- What do you think is missing to address your support needs and how can this be addressed?

Example of good practice

- Support and Supervision
- Team meetings
- Safe spaces
- Support from colleagues
- Support to grieving families
- Sending acknowledgements
- Milestone acknowledgements
- Allowing staff to find ways to honour memories

Breakout Rooms- your feedback

What Next

What else would you like to know?

How did our presentation
and your feedback inform
the direction of the digital
art work

Ad:icc a→d Suppoít Rcsouíccs

Samáíta→s

Pko→ic: 116 12« (24 ko"ís a daQ, c:cíQ daQ)

Email: jo@samáíta→s.oíg

Gi:cs co→ridc→tial cmotio→ial s"ppoít roí pcople expcíc→ici→ig distícscs, dcspaií oí s"icidal tko"gkts.

Bícatki→ig Spacc

Pko→ic: 0®00 ®« ®5 ®7

Mo→daQ to l'k"ísdaQ, 6pm to 2am

ÍíidaQ to Mo→daQ, 6pm to 6am

Íícc a→d co→ridc→tial scí:icc roí pcople expcíc→ici→ig low mood, dcpícscsio→i oí a→ixictQ.

Pctal – pcople expcíc→ici→ig tíauma a→d loss

Pko→ic: 0169® «24 502

Pctal s"ppoít ramilics a→d ríic→ids or m"ídcí a→d s"icidc :ictims tkío"gk tclcpko→ic co"→isccli→ig. l'kcQ píó:idc a díop-í→i cc→tíc í→i Hamilto→i a→d o"tíck píogíammcs í→i Glasgou a→d Edi→ib"ígk.

For more resources:

<https://www.mygov.scot/bereavement-support>

<https://www.nhsinform.scot/care-support-and-rights/death-and-bereavement/coping-with-grief>



**Thank you and
Keep in touch**



@Rmakeslinks

roseann.logan@alliance-scotland.org.uk

@mamakeslinks

[margaretann.prentice@alliance-
Scotland.org.uk](mailto:margaretann.prentice@alliance-scotland.org.uk)

www.alliance-scotland.org.uk