

**Chair: Dr Graham Whyte, Consultant in Palliative Medicine / Associate Postgraduate Dean for Grief and Bereavement, Marie Curie Hospice, Glasgow / NHS Education for Scotland**

09:20 **Welcome & Conference Opening**

09:30 **Opening Plenary - In conversation with Cariad Lloyd** **Cariad Lloyd**  
Host of award-winning podcast 'Griefcast'  
and author of 'You Are Not Alone'

10:20 **Morning Plenary**

**The grief we carry: from childhood into adulthood** **Dr Alison Penny**  
Director, Childhood Bereavement Network /  
Co-ordinator, National Bereavement Alliance

11:10 **Break**

11:30 **Parallel Sessions: Providing Bereavement Support**

**1. Walk a mile in mine** **Donna Hastings**  
Child and Families Lead  
St Columba's Hospice Care  
**Ailsa Hill**  
School Counsellor  
MYPAS (Midlothian Young Person's Advisory Service)

**2. The Stories We Live By: Two creative innovations in baby loss bereavement support** **Dr Tamarin Norwood**  
Leverhulme Research Fellow  
Loughborough University  
**Nicola Welsh**  
Chief Executive  
Held in Our Hearts

**3. Talking to children who have been bereaved by sudden death** **Elizabeth Wilson**  
Training Development Lead  
Child Bereavement UK  
**Kristin O'Neill**  
Bereavement Support Team Lead  
NHS Greater Glasgow & Clyde / Child Bereavement UK

**4. Suicide Bereavement Support Service – Scottish Government Pilot Project** **Lara Van De Peer**  
Suicide Bereavement Support Service  
Project Manager  
Change Mental Health  
**Annie Lawson**  
Suicide Bereavement Support Service Practitioner  
Change Mental Health

**5. Bereavement experiences of older people** **Dr Caroline Pearce**  
Research Fellow, Advanced Care Research Centre  
University of Edinburgh

**6. A primary care approach to bereavement: developing an educational resource for clinicians**

**Dr Sheena Sharma**

Associate GP Dean, Thames Valley / NHSE and Senior GP Partner and GP Trainer in Oxford (Bartlemas Surgery), specialist interest in Bereavement Care

**Dr Lynsey Bennett**

GP in Oxford and Bereavement Care Fellow Thames Valley and Wessex Primary Care School

12:30 **Lunch Break / Poster Viewing**

**Chair: Dr Ken Donaldson, Medical Director / Associate Postgraduate Dean for Grief and Bereavement, NHS Dumfries & Galloway / NHS Education for Scotland**

13:15 **Afternoon Plenary**

**Poster Winners Announced**

**Working with loss at a time of loss: the grief we are carrying from the COVID years**

**Barbara-Anne Wren**

Consultant Psychologist and Director  
Barbara Wren Psychology Ltd

14:10 **Parallel Sessions: Staff wellbeing / Bereavement in the workplace**

**7. 'She felt like she'd had a weight taken off her back': Providing support with grief and practice-based learning after a death in a care home**

**Dr Julie Watson**

Clinical Lead Care Home Programme  
Marie Curie Scotland

**Lucy Johnston**

Senior Research Fellow  
Edinburgh Napier University

**Maggie Byers-Smith**

Lead Nurse, QI & Standards, Care Homes and Primary Care  
NHS Lothian

**8. Delivering Last Aid within an NHS organisation**

**Keri Fickling**

Clinical Effectiveness Lead Palliative and End of Life Care  
Scottish Ambulance Service

**Susan Speke**

Last Aid Development Officer  
Highland Hospice

**Robbie Johnston**

Clinical Effectiveness Lead  
Scottish Ambulance Service

**9. National Bereavement Care Pathway – Good bereavement care and the impact on parents who have experienced pregnancy loss and / or death of a baby**

**Sue McKellar**

National Bereavement Care Pathway  
Scotland Manager, Sands

**Sarah Kiely**

Lead Trainer  
Sands

**10. A Heavy Workload to Carry - Anticipatory Grief of Staff: Staff who experience death and bereavement in their line of work**

**Roseann Logan**

Assistant Director, Links Worker Programme  
Health and Social Care Alliance Scotland

**Margaret Ann Prentice**

Senior Officer, Links Worker Programme  
Health and Social Care Alliance Scotland

**11. How to move through grief with self-compassion**

**Dr Wendy Simpson**

Health Psychologist  
NHS Fife

**12. Training in Psychological Skills for Health and Social Care Staff Working with Children and Young People with Life-Limiting Conditions and Aspects of staff wellbeing and self-care: The work of the NES Training in Psychological Skills - Paediatric Healthcare (TIPS-PH) Programme**

**Dr Shona Murphy**  
Head of Programme -  
Paediatric Psychology  
NHS Education for Scotland

15:20 **Closing Plenary**

**Words: The most powerful drug used by mankind**

**Dr Rachel Clarke**  
Palliative Care Doctor and author of three  
Sunday Times bestselling non-fiction books

16:05 **Closing Remarks**

**Chair**

16:10 **Conference Close**