



NHS Education for Scotland

**Bereavement Education Conference 2022: 'Grief when there is no bereavement: Exploring loss in the context of infertility' promotional clip**

**Speaker:** Professor Abha Maheshwari, Consultant in Reproductive Medicine, Aberdeen Fertility Centre

Hi. My name is Abha Maheshwari, I'm Professor of Reproductive Medicine in Aberdeen Fertility Centre in Scotland. Bereavement is the experience of losing someone important to us. While it is mostly visible to others that you've lost someone, and there are support mechanisms available, it is very different when you can't have a baby. When you lose a potential baby, every menstrual cycle, your hopes are shattered not once, but repeatedly, every month. It is only visible to the individual or couple facing it, hence there is limited or no support available usually. What happens as a result is, they fall prey to a lot of non-evidence based cocktail of therapies. It is not a small group when 1 in 5 people face this problem.

In this workshop, we will explore how we identify this group, how we support them from bereavement strategies and prevent them from being exploited. I look forward to seeing you on 24th of November. Thank you.

The film was produced in October 2022 and can be found at <https://www.sad.scot.nhs.uk/events/2022-conference/> or <https://vimeo.com/760222314>

For more information visit [www.sad.scot.nhs.uk](http://www.sad.scot.nhs.uk) or contact [supportarounddeath@nes.scot.nhs.uk](mailto:supportarounddeath@nes.scot.nhs.uk)

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