



NHS Education for Scotland

**Bereavement Education Conference 2022: 'Anticipatory Grief- exploring how we can be affected before a person dies' Promo clip**

**Speaker:** Dr Paul Baughan, GP, Dollar Healthcare Centre/National Clinical Advisor for Ageing & Health Scottish Government.

Hello, my name's Paul Baughan and I'm a GP working in a semi-rural practice in Dollar, which is in Clackmannanshire. I'm also a Professional Clinical Advisor for Ageing and Health with the Scottish Government. Our workshop will focus on anticipatory grief, this being the feeling of loss that happens before someone dies. For some people, grief can start many weeks, months or years before death. This may happen following the diagnosis of a progressive, incurable health condition, such as neurological disease, advanced cancer or a dementia.

Anticipatory grief reactions can be experienced by those who have a close relationship with the dying person but also by the person who is dying themselves.

We will look at why anticipatory grief happens and the differences between anticipatory grief and other forms of grief that occur after death. And we'll do this through the lens of neonatal care, of children living with neurodisability and for people living with dementia. So I will be joined by Dr Gemma Edwards who works in neonatal care, by Dr Fariel Rahman, a Consultant in Childhood Neurodisability, and Susan Holland, who is an Alzheimer Scotland Dementia Nurse Consultant.

And our workshop will offer a blend of learning, through short snappy presentations, an excellent educational video, case discussions and allowing plenty of time to question our experts. After attending the session, delegates will have a much better understanding of anticipatory grief, the ability to recognise it and more confidence when supporting someone who is experiencing anticipatory grief. I hope to see you there.

The film was produced in October 2022 and can be found at <https://www.sad.scot.nhs.uk/events/2022-conference/> or <https://vimeo.com/759491724>

For more information visit [www.sad.scot.nhs.uk](http://www.sad.scot.nhs.uk) or contact [supportarounddeath@nes.scot.nhs.uk](mailto:supportarounddeath@nes.scot.nhs.uk)

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