



Faith, Spiritual Care and Mourning Rituals

24th November 2021






Poll 1:


What kind of setting do you work in?

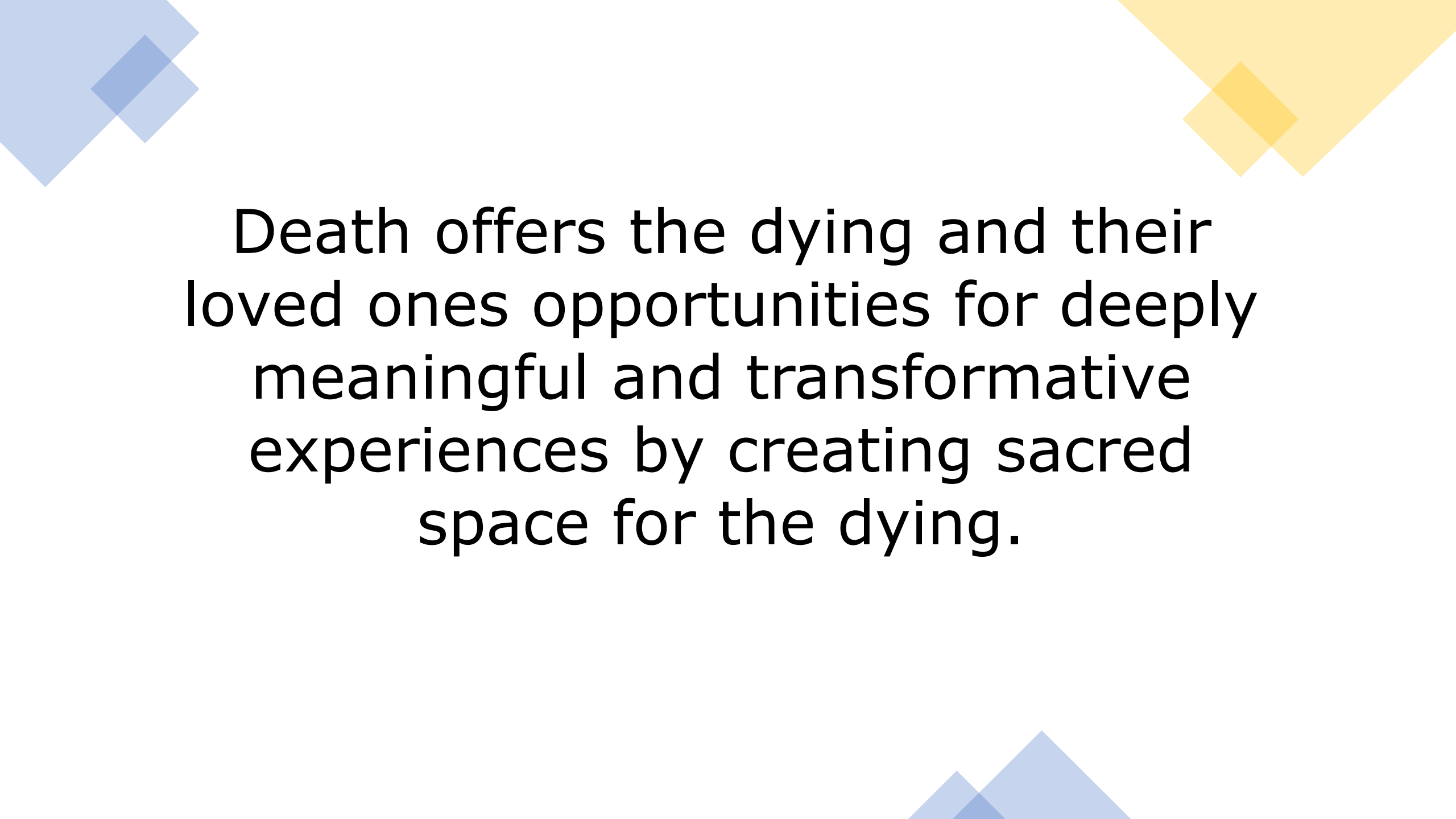




Health is not just the absence of disease, it is a state of physical, psychological, social and spiritual well-being.

World Health Organisation, *Precis of discussion*,
1948





Death offers the dying and their loved ones opportunities for deeply meaningful and transformative experiences by creating sacred space for the dying.

Print Resources available on TURAS

Spiritual Care Matters: An introductory resource

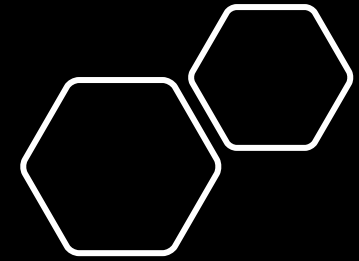
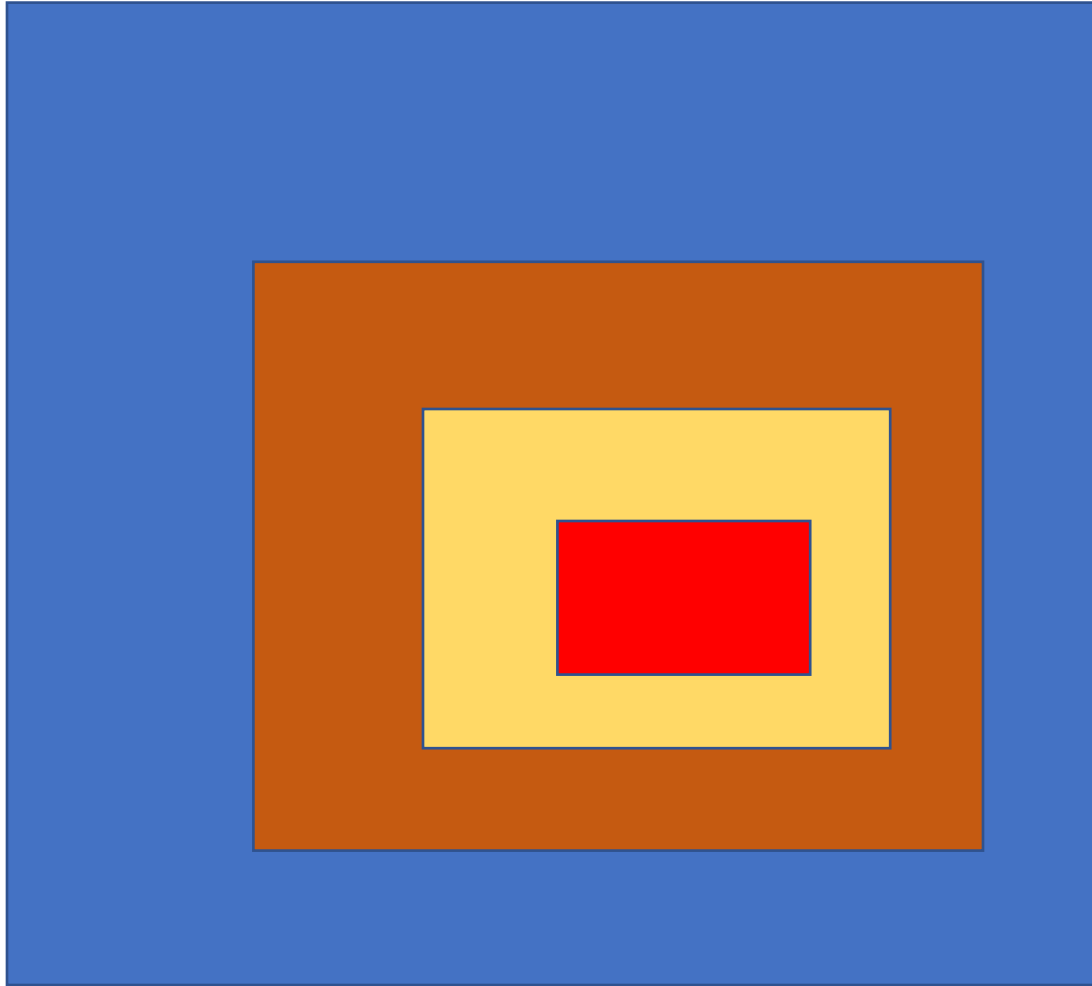
<https://learn.nes.nhs.scot/48983/person-centred-care-zone/spiritual-care-and-healthcare-chaplaincy/resources/spiritual-care-matters>

Spiritual Care: A multifaith resource

<https://learn.nes.nhs.scot/50422/person-centred-care-zone/spiritual-care-and-healthcare-chaplaincy/resources/multi-faith-resource-for-healthcare-staff>

Spiritual
Care
Teams








Poll 2:

What was the largest faith & belief group in the 2011 Census in Scotland?

- a) Roman Catholic
 - b) Muslim
 - c) Buddhist
 - d) Church of Scotland
 - e) No religion
- 

Poll 3:


32% claimed membership of the Church of Scotland in 2011 Census – what % were actual members?

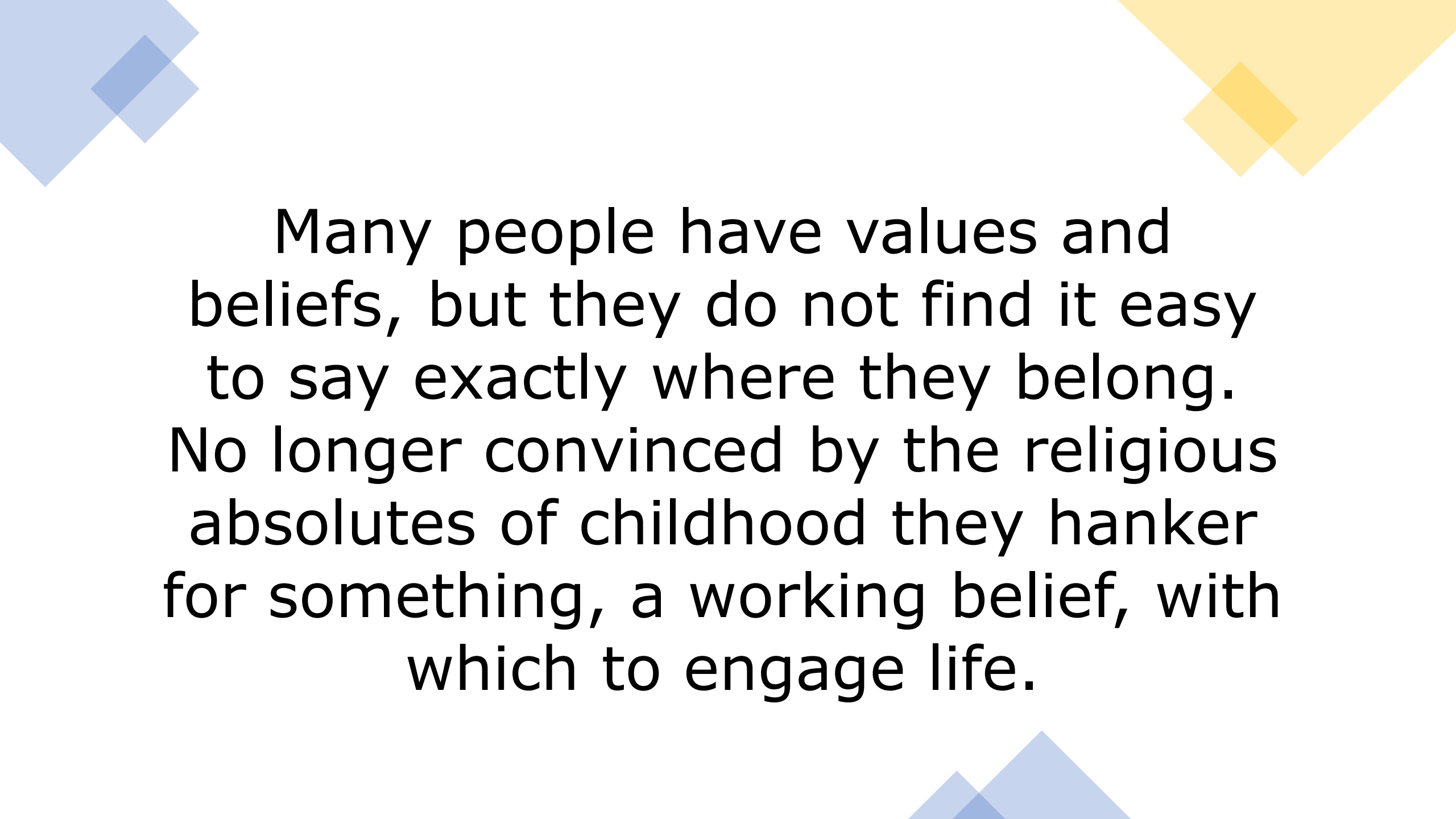
- a) 32%
- b) 24%
- c) 16%
- d) 8%
- e) 4%



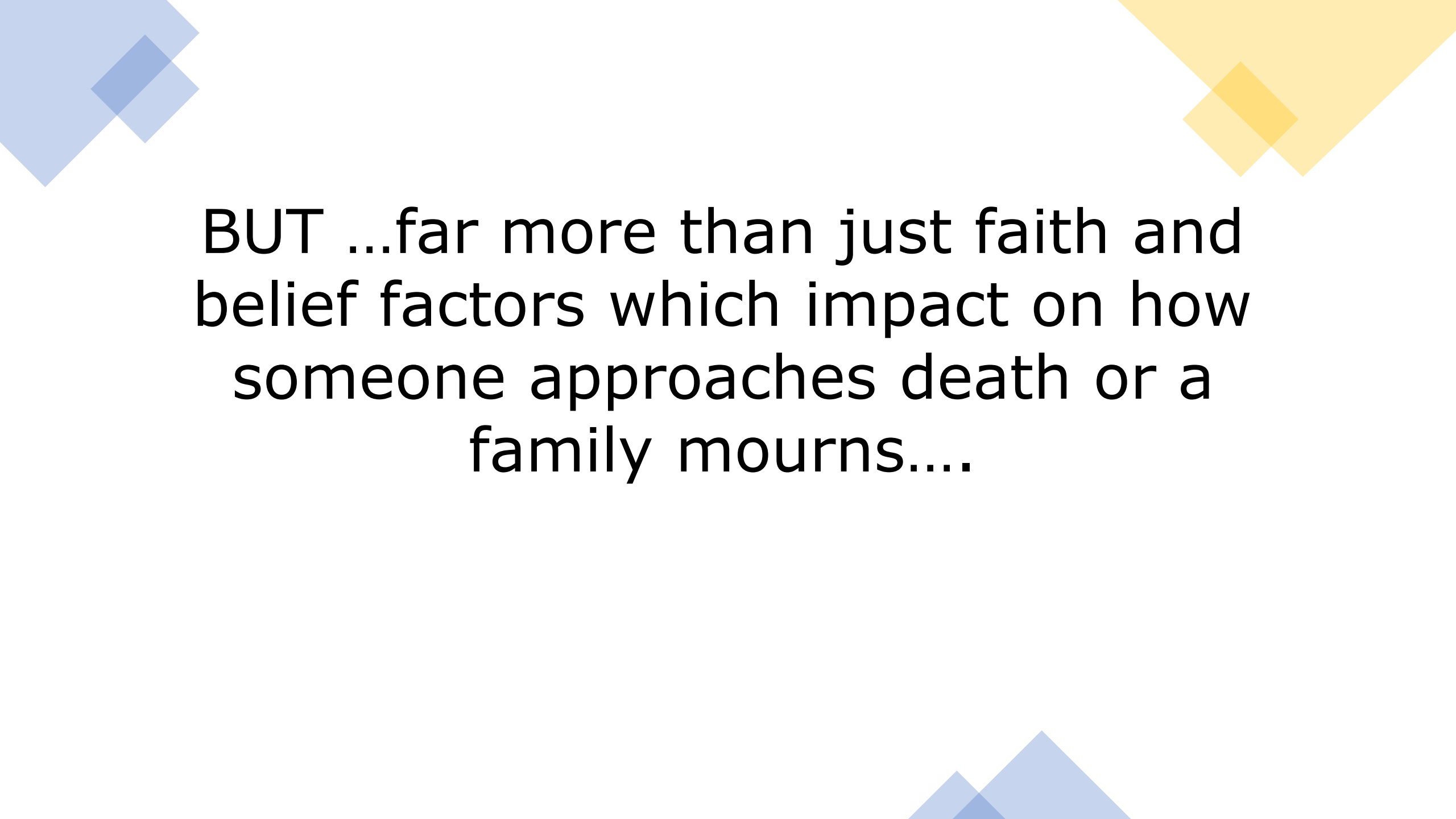
Poll 4:

What is the fastest growing faith/belief group in Scotland?

- a) Roman Catholic
 - b) Neo-Pagan / Earth Spirituality
 - c) Muslim
 - d) Humanist
 - e) Buddhist
- 



Many people have values and beliefs, but they do not find it easy to say exactly where they belong. No longer convinced by the religious absolutes of childhood they hanker for something, a working belief, with which to engage life.





BUT ...far more than just faith and belief factors which impact on how someone approaches death or a family mourns....



Poll 5:

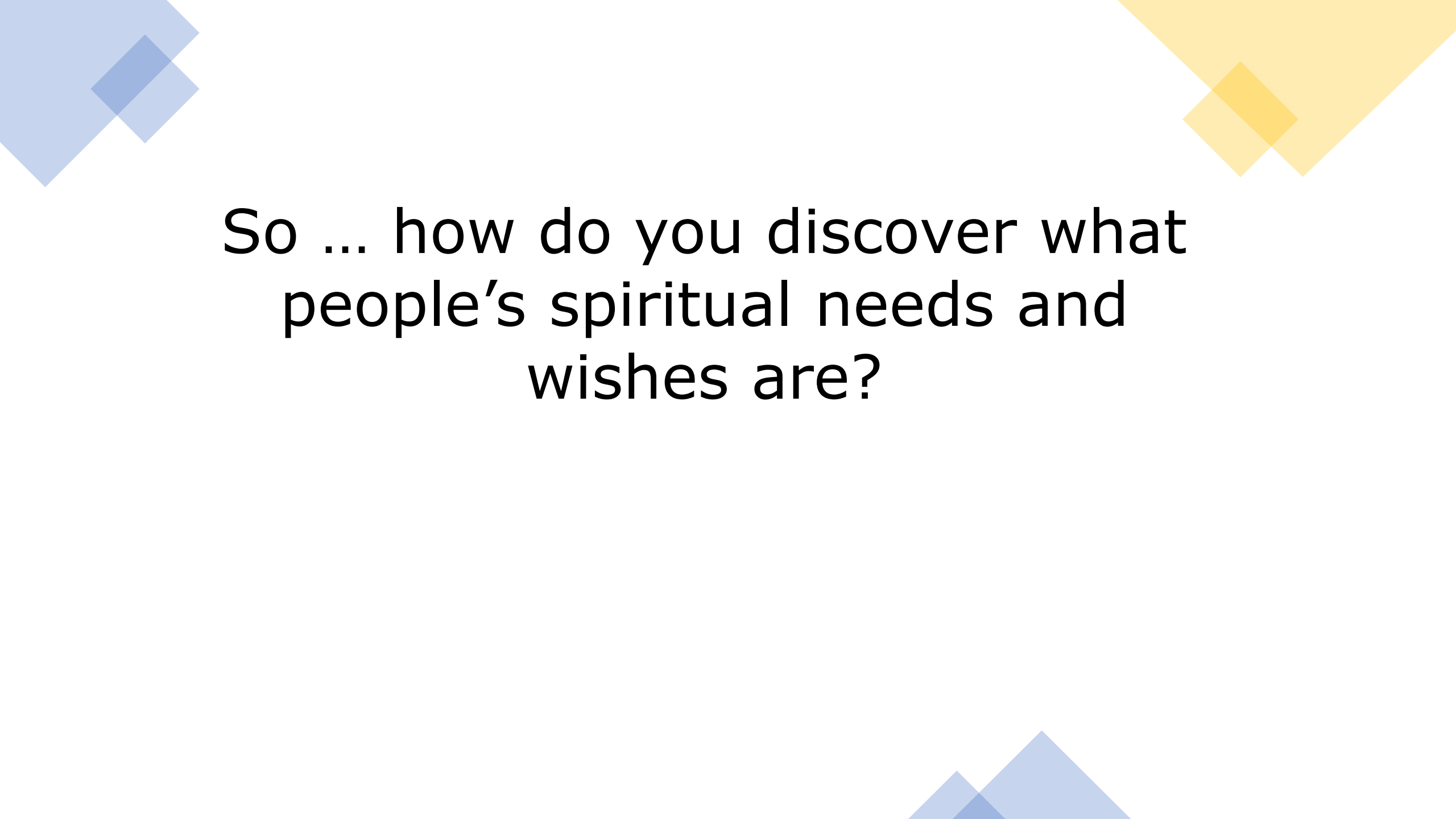
As well as faith, what other factors do you think might affect or influence the death and mourning customs and actions of people?





Faith/Belief
Place
Family tradition
Hidden info
Hidden Identity
Financial status
Age
Sexuality

Cause of death
Presumption
Relatives
Friends
Faith leader
Imposition
Wishes Unknown
Social status



So ... how do you discover what
people's spiritual needs and
wishes are?



Ask:

What is important for you?

What do you want to happen?

What do you NOT want to happen?

Does anything worry you?

Is there a faith leader you would like to see?

What will work best for you?





Listen:
Listen to their story

Do not presume

Do not impose





Be curious:

(VBRP® 3 Levels of Seeing Tools)

NOTICE

I notice

.... you said

.... you have a picture

....your rosary beads

....how important prayer is for you



Be curious:

(VBRP® 3 Levels of Seeing Tools)

WONDER

I wonder

.... how worried you are about that

.... how important that is for you

....if you would like to see a priest

....if it is quiet enough for you



Be curious:

(VBRP® 3 Levels of Seeing Tools)

REALISE

I realise

.... we can explain things better

.... we can help you speak with your family


....how important your faith is

....we can close your blinds at prayer time





Use the Spiritual Care Team

- As a resource for you and your team
 - As a specialist carer for the patient and family
 - As a contact with the patient's own faith leader
 - To set things up in advance
 - As a source of information
- 

The background features several concentric, overlapping circles in light gray, some solid and some dashed. A prominent, thick, dark gray crescent moon shape is positioned on the left side, curving towards the center. The word "NAMASTE" is centered in a blue, sans-serif font with a reflection effect below it.

NAMASTE

The divine in
me, honours
the divine in
you