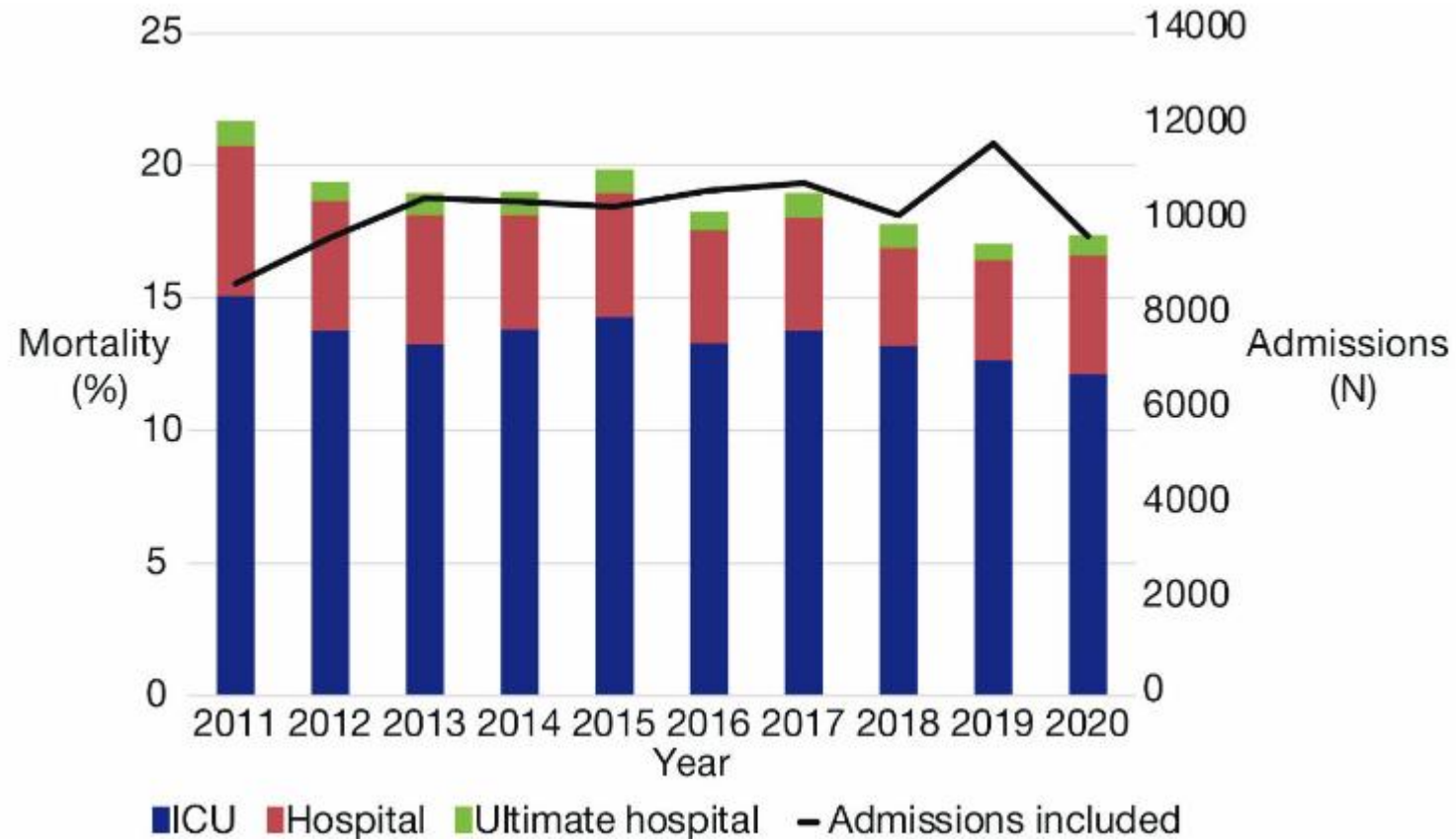


Bereavement support for families after critical illness

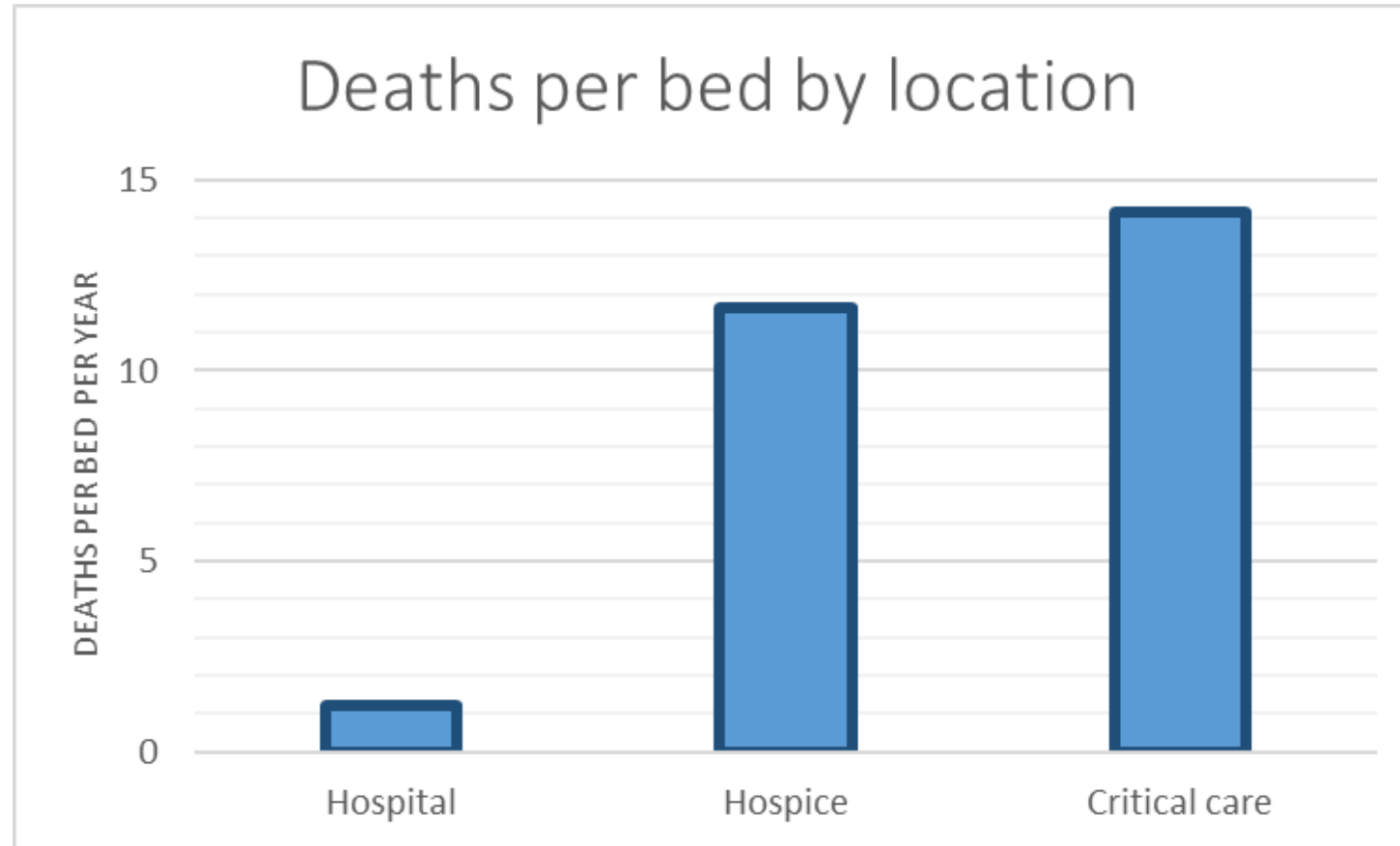
Nazir Lone

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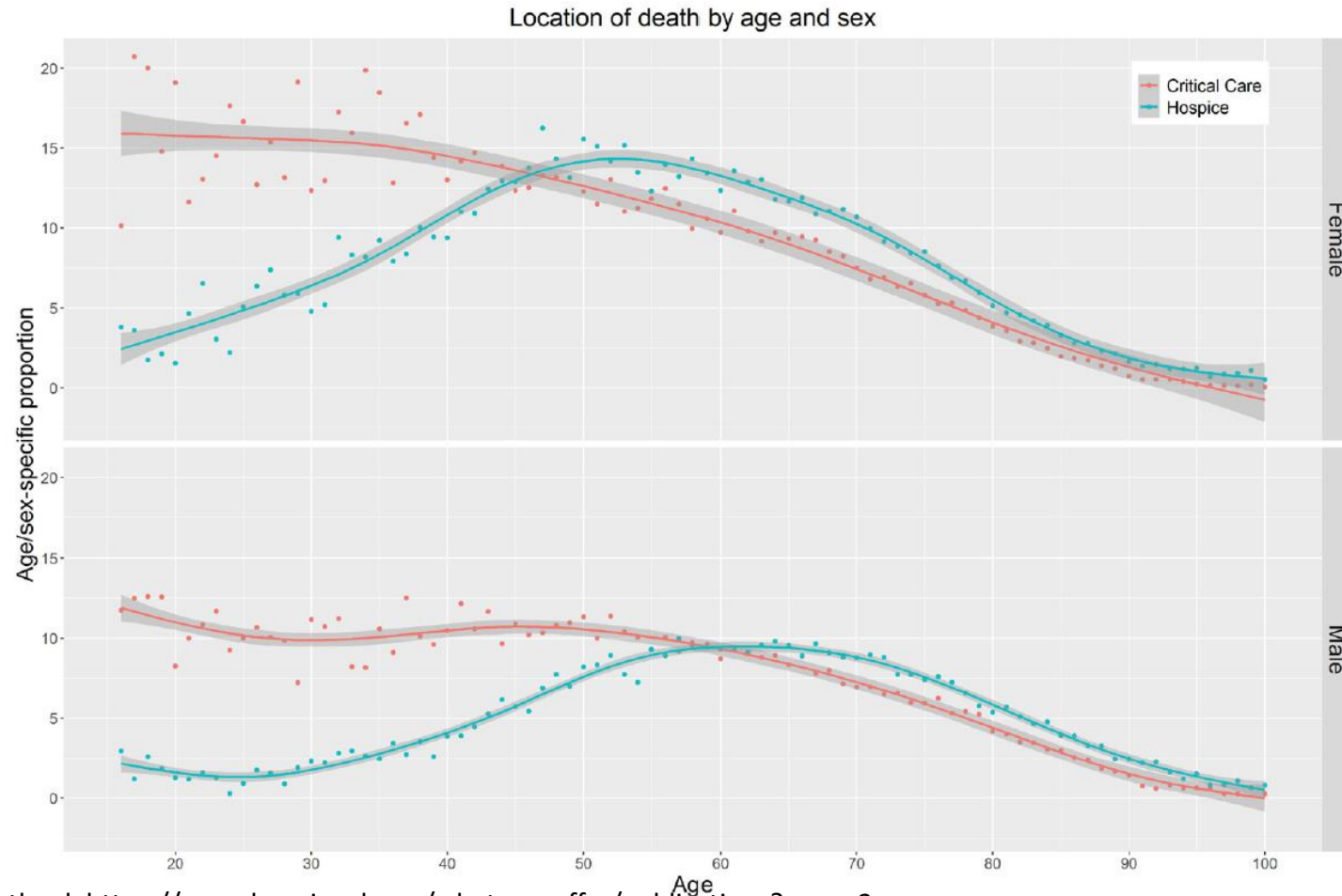
Crude mortality in Scottish ICUs



Deaths in critical care – in context



Deaths in critical care – in context

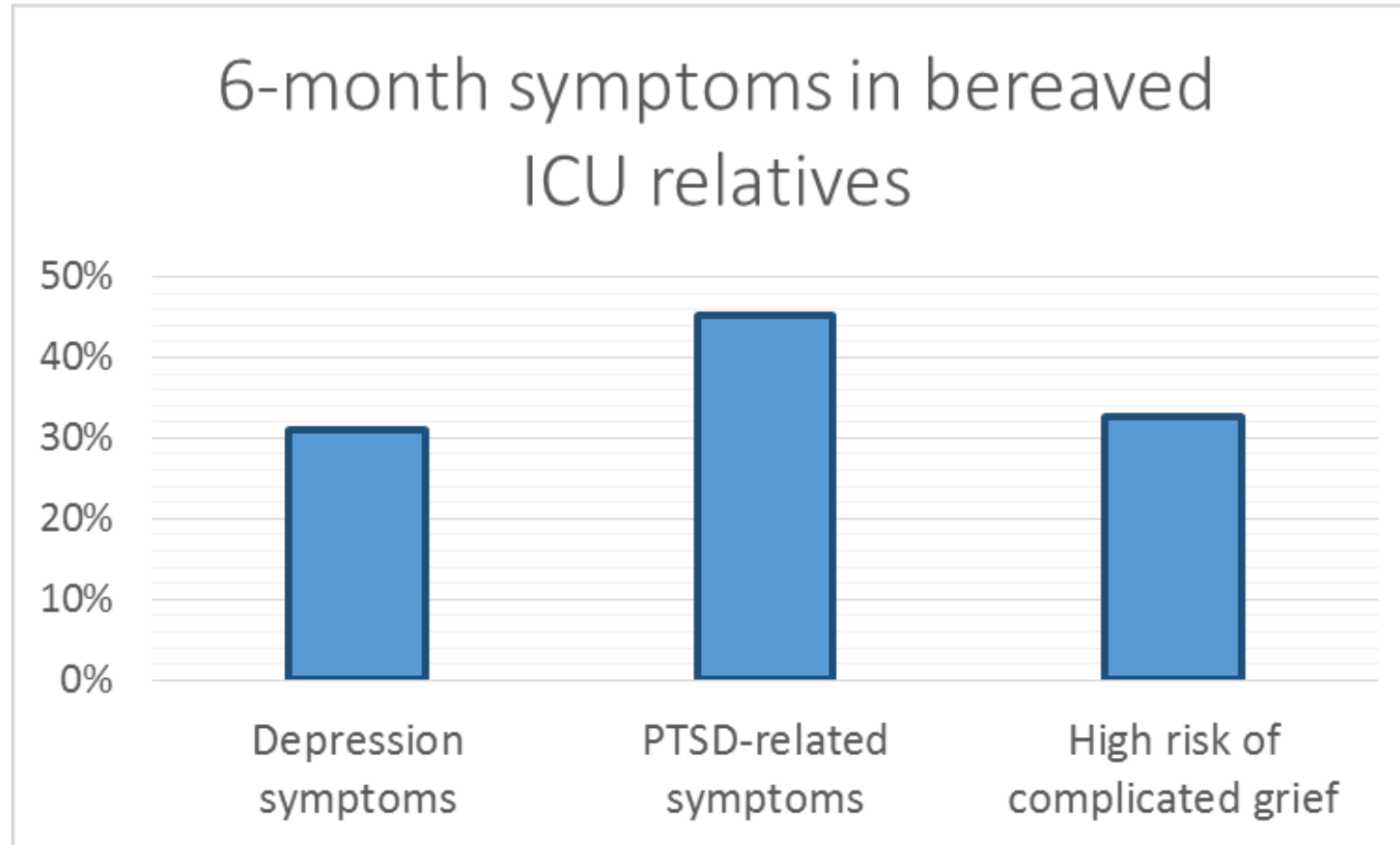


The role of hospice care in Scotland: <https://www.hospiceuk.org/what-we-offer/publications?page=2>
<http://www.sicsag.scot.nhs.uk/docs/2017/2017-08-08-SICSAG-Report.pdf?35>

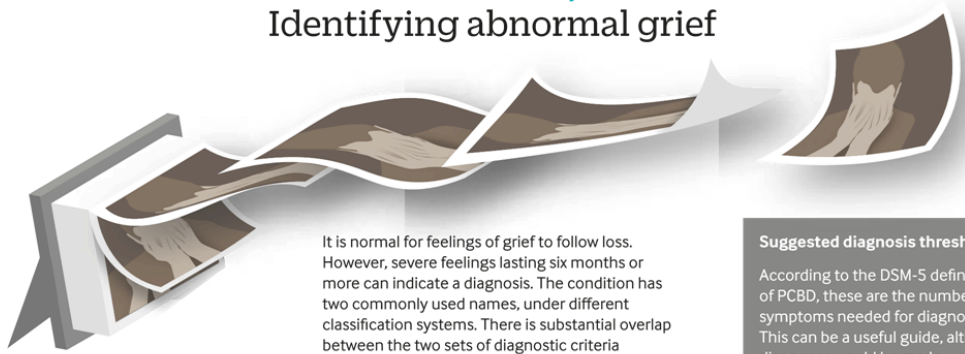


https://commons.wikimedia.org/wiki/File:Clinicians_in_Intensive_Care_Unit.jpg

Bereavement after critical care

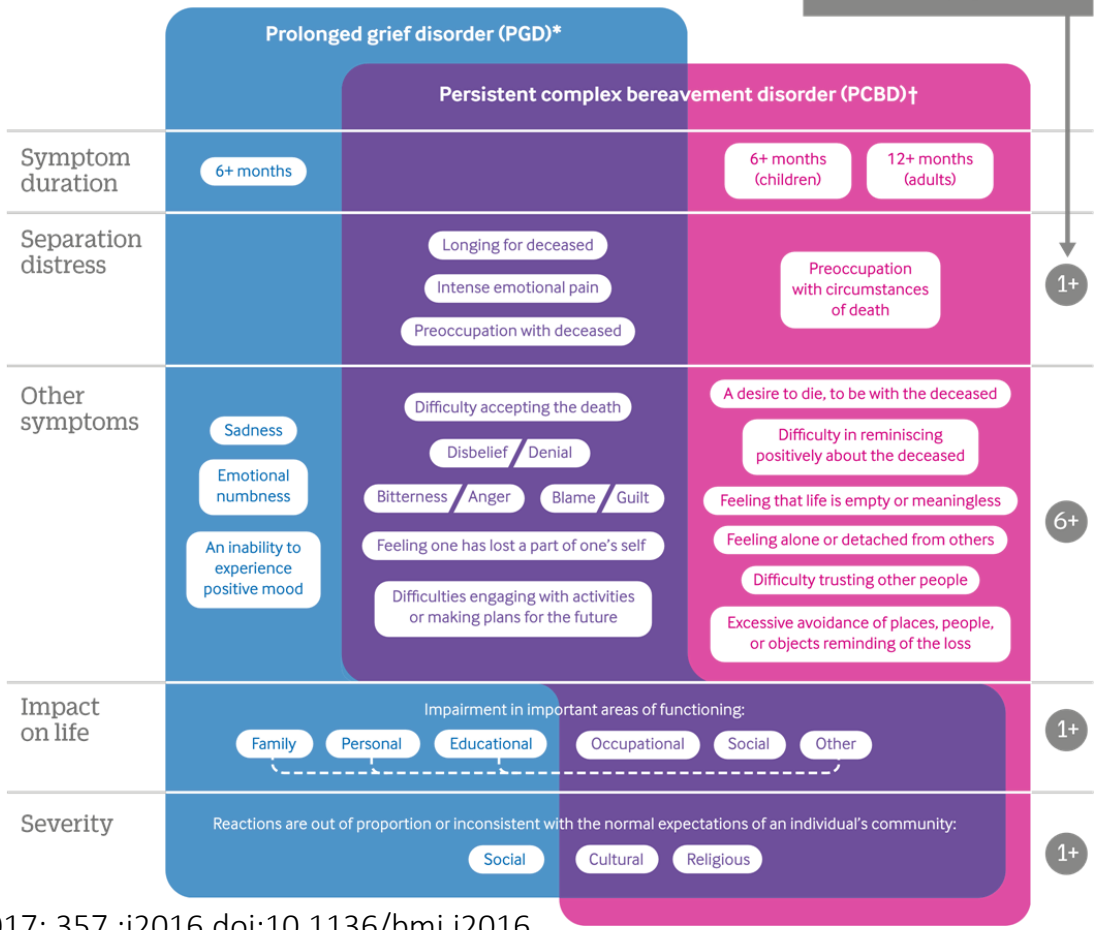


Identifying abnormal grief



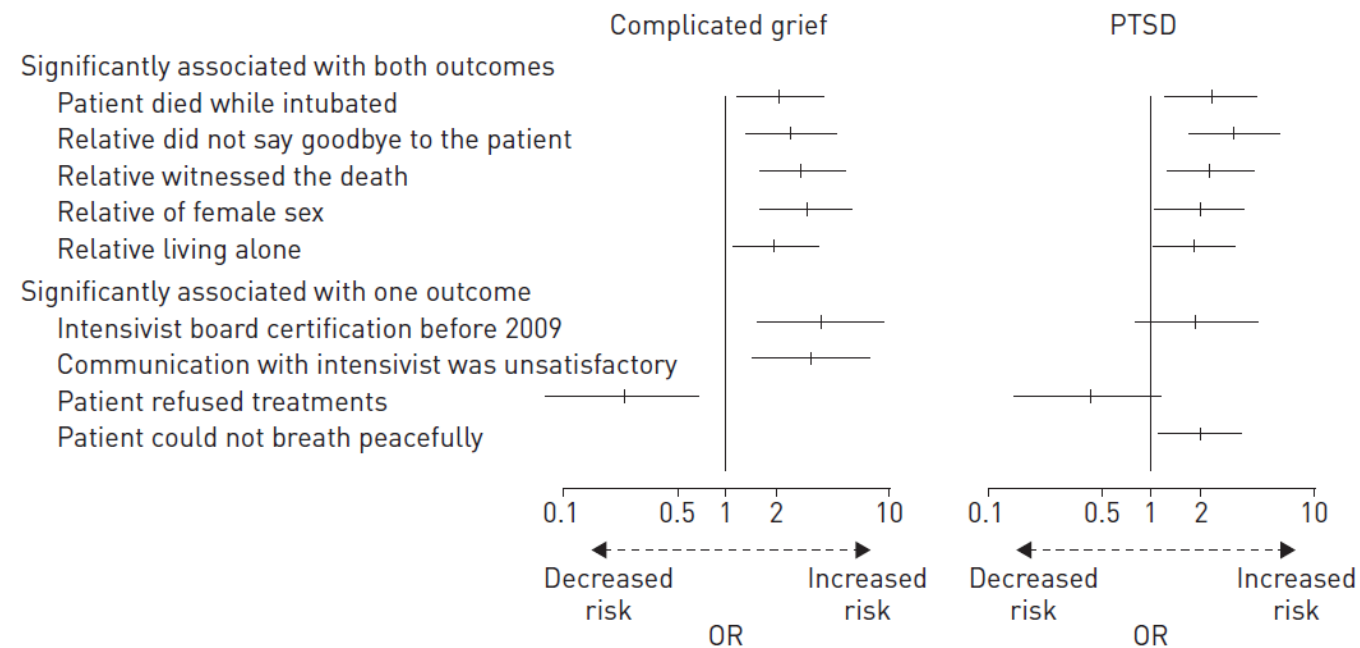
It is normal for feelings of grief to follow loss. However, severe feelings lasting six months or more can indicate a diagnosis. The condition has two commonly used names, under different classification systems. There is substantial overlap between the two sets of diagnostic criteria (represented by the purple shaded area below).

Suggested diagnosis thresholds
 According to the DSM-5 definition of PCBD, these are the number of symptoms needed for diagnosis. This can be a useful guide, although diagnoses would be made combining the patient's experience and the clinician's judgement.



Identifying high risk individuals for complicated grief

- Patient died whilst intubated
- Family disagreement with end of life decision making
- Communication unsatisfactory
- Patient refused treatments (protective)



Bereavement interventions: the evidence base

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The state of bereavement support in adult intensive care: A systematic review and narrative synthesis

Nikolaos Efstathiou ^{a,*}, Wendy Walker ^b, Alison Metcalfe ^c, Brandi Vanderspank-Wright ^d

- Condolence letter vs placebo
- Follow-up bereavement meeting
- Bereavement programme
 - Brochure
 - Sympathy card
 - Telephone follow-up
 - Invitation to memorial service
- Story-telling
- ECG memento
- ICU diary

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