

The Changing Face of Bereavement:

Providing care and maintaining our own wellbeing during the pandemic
Wednesday 24 November 2021

Virtual Conference Programme

Chair: Dr Graham Whyte, Consultant in Palliative Medicine / Associate Postgraduate Dean for Grief and Bereavement, Marie Curie Hospice, Glasgow / NHS Education for Scotland

09:15 Welcome & Opening Plenary

The Deepest Wound: Healing and Hope in the Midst of Hurt – Grief and Bereavement in a Pandemic Age

Dr Donald Macaskill Chief Executive, Scottish Care

10:05 **Bereavement During COVID-19: The experiences of those bereaved and the voluntary sector services supporting them Research Associate, Cardiff University Dr Lucy Selman**

Senior Research Fellow, University of Bristol

10:45 Stories and Experiences During the Pandemic

Short Presentations and Panel Discussion

- Dr David Christie, Intensive Care Consultant, NHS Dumfries & Galloway
- Alyson Vale, Business & Operations Director, Abbotsford Care
- Yvonne Manson, Care & Clinical Director, Abbotsford Care
- Paul Cuthell, Funeral Director, Thomas Cuthell & Sons
- 11:25 **Break**
- 11:45 Parallel Sessions
 - 1. What Happens to Your Digital Assets After You Die and How Do You Plan For a Digital Legacy?

James NorrisFounder
Digital Legacy Association

2. Psychological Perspectives on Bereavement, Loss and Grief:

Proactive approaches to support others and the importance of compassionate resilience for staff wellbeing

Dr Victoria Thomson
Principal Educator
Psychology
NHS Education for Scotland

3. Palliative Care Patients with Children: Supporting the Family Donna Hastings

Family Support Worker, St Columba's Hospice Care

Dr Catriona Macpherson

Children and Families Practitioner Fife Specialist Palliative Care, NHS Fife

4. Spiritual Care, Faith and Mourning Rituals:
Understanding how to support people around the time of death

Linda Dunbar
Practice Educator
Spiritual Care and Chaplaincy
NHS Education for Scotland

12:45 Lunch Break

Chair: Dr Kenneth Donaldson, Medical Director / Associate Postgraduate Dean for Grief and Bereavement, NHS Dumfries & Galloway / NHS Education for Scotland

13:25 Plenary Session

Poster Winners Announced

The Impact of Structural Inequalities on Mortality Rates of Ethnic Minorities during the COVID-19 Pandemic Dr Gwenetta Curry

Lecturer of Race, Ethnicity, and Health College of Medicine and Veterinary Medicine University of Edinburgh

14:15 **Parallel Sessions**

5. Bereavement Matters in Kinship Care

Anne Wilson

Head of Development Children's Health Scotland

6. Bereavement Support for Families After Critical Illness

Dr Nazir Lone

Senior Clinical Lecturer in Critical Care University of Edinburgh / Honorary Consultant in Critical Care

NHS Lothian

Janine Wilson

Deputy Charge Nurse, Critical Care Unit

NHS Lothian

7. Rituals, Memories and Preparing for Death: Exploring Good Practice and Barriers

Mark Evans

Head of Spiritual Care and Bereavement Lead
NHS Fife

8. Managing Legal Processes Following a Death - including Medical
Certification of Cause of Death and interaction with the
Procurator Fiscal
Death Ce

Senior Medical Reviewer

Death Certification Review Service Healthcare Improvement Scotland

Sarah Mobsby

Dr George Fernie

Procurator Fiscal Depute, Scottish Fatalities Investigation Unit (West)

Crown Office & Procurator Fiscal Service

15:00 **Break**

15:15 Closing Plenary

A Doctor at the Heart of the Pandemic: What I Learned about Death, Bereavement and Wellbeing

Dr Matthew Walton

London NHS Hospital

16:00 Closing Comments