

Spring 2020 saw the launch of Scotland's first ever **Bereavement Charter for Adults and Children**. Since then, the Charter has developed and grown and been used in many different ways.

The Group which developed the Charter is holding the second in a series of webinars exploring different elements of death and bereavement as part of **To Absent Friends Week.**

During the webinar you will have the chance to hear from three speakers and then have the opportunity to reflect on what you have heard in a short workshop on one of the themes.

Who is the webinar for? Anyone with an interest in bereavement. Helping people help each other. Anyone that doesn't know what to say.

Book your free place here: <u>https://us02web.zoom.us/meeting/register/</u> tZMocu6gpjopGNw4hevy7q6JQJkQ2luzWm6s

Programme

- 13:30 13:35 Welcome and Introduction Dr Donald Macaskill, Chair.
- 13:35 13:45 What is the Bereavement Charter Dr Janice Turner, NHS Education for Scotland
- 13:45 13:55 Compassionate Communities

Speaker: Alison Bunce, Compassionate Inverclyde

- 13:55 14:05 **Benefits of Befriending** Speaker: Nicola Welsh, Held in Our Hearts
- 14:05 14:15 **Young People Supporting each other** Speaker: Clair Nichols, Youth Highland and Louise Mainland, Crocus Group
- 14:20 14:50 Workshop discussions on presentation topics
- 14:55 15:10 **Plenary session** Feedback from breakout rooms



